



Health History Questionnaire: 2022

CHART NO. _____ TODAY'S DATE: _____

Name: _____ DOB: _____ Age: _____

Marital Status: Single Married Divorced Widowed

Reason for Visit: Wellness Exam **OR** Problem: _____

Referring Physician: _____

Address: _____

Email Address: _____

Home Phone: _____ Work Phone: _____ Cell: _____

PLEASE NOTE: FOLLOW-UP OR ADDITIONAL OFFICE VISITS AT A LATER TIME MAY BE NECESSARY TO ADDRESS MEDICAL AND/OR GYNECOLOGICAL PROBLEMS.

MENSTRUAL HISTORY (COMPLETE EVEN IF POST-MENOPAUSAL OR NO LONGER HAVING PERIODS.)

Age of first period: _____ years.

If your menstrual periods are regular: periods start every _____ days.

If your menstrual periods are irregular: periods start every _____ to _____ days. (e.g., 12 to 60 days)

Duration of bleeding with each menstrual period: _____ days.

Does bleeding or spotting occur between periods? Yes No

Does bleeding or spotting occur after intercourse? Yes No

First day of last menstrual period: _____

Is pain associated with periods? Yes No Occasionally Mild Moderate Severe

If yes, is it: Before menses During menses Both

Current birth control: _____

Tubal Ligation Yes Vasectomy Yes

PREGNANCY HISTORY

Never been pregnant

Number of pregnancies: _____

Number of miscarriages: _____

Number of abortions: _____

Number of vaginal deliveries: _____

Number of cesarean deliveries: _____

Number of living children: _____

Are you currently breastfeeding? Yes No

SEXUAL HISTORY

I am not sexually active.

I am sexually active with one partner. Male Female

I am sexually active with more than one partner. How many? _____ Male Female Both

What age did you become sexually active? _____

Do you have any sexual problems that you would like to discuss? Yes No If yes, what? _____

SOCIAL HISTORY

Smoking: Never Former Yes: Packs/Day _____, Years smoked _____ Cigarettes VAPE Marijuana

Alcohol: Never Former Yes: 2 or less drinks/day, 3+ drinks per day Type _____

Illicit Drugs: Never Former Current Use Type _____

Caffeine Intake: Yes No / Coffee Tea Soda Energy Drink Chocolate / Daily Intake _____

Regular Exercise: Yes No Days/Week _____ Hours/Day _____

OB/GYN SURGICAL HISTORY (CHECK ANY THAT APPLY. INDICATE YEAR OF SURGERY.)

- None
- Ablation _____
- D&C _____
- Essure _____
- Hysteroscopy _____
- Infertility surgery _____
- Tuboplasty _____
- Tubal ligation _____
- Laparoscopy _____
- Hysterectomy (vaginal) _____
- Hysterectomy (abdominal) _____
- Hysterectomy (robotic) _____
- Myomectomy _____
- Ovarian surgery _____
- L ovarian cyst(s) removed _____
- R ovarian cyst(s) removed _____
- L ovary removed _____
- R ovary removed _____
- Vaginal or bladder support procedure for prolapse or incontinence _____
- Cesarean section _____
- Other (specify) _____

OTHER SURGICAL HISTORY (CHECK ANY THAT APPLY. INDICATE YEAR OF SURGERY.)

- None
- Appendectomy _____
- Gallbladder _____
- Mastectomy R | L | Both _____
- Tonsillectomy _____
- Adenoids _____
- Thyroidectomy _____
- Other (specify) _____

PAP SMEAR/MAMMOGRAM HISTORY/BONE DENSITY/COLONOSCOPY

Date of last pap smear: _____ Have you had abnormal pap smears? Yes No
 Have you had treatment for abnormal smears? Yes No If yes, what type(s) of treatment have you had? Include year of procedure. Cryotherapy _____ Laser _____ Cone biopsy _____ Loop excision (LEEP) _____
 Date of last mammogram _____ Have you had an abnormal mammogram? Yes No
 Date of last bone density _____ Date of last colonoscopy _____

OTHER GYNECOLOGICAL HISTORY (CHECK ANY THAT APPLY.)

- None
- Venereal warts
- Herpes – genital
- Syphilis
- Pelvic inflammatory disease
- Endometriosis
- Chlamydia
- Gonorrhea
- Vaginal infections
- Trichomoniasis
- HIV
- HPV
- Other (specify) _____

FAMILY HISTORY (CHECK ANY THAT APPLY.)

Mother: Living Deceased – Cause _____
 Father: Living Deceased – Cause _____
 Sibling(s): Number of Living _____ Number Deceased _____ Cause(s) of death: _____

Which of your family members have or had the following? Indicate age if condition resulted in death.

- None
 - Diabetes
 - Ovarian Cancer
 - Heart Disease
 - Endometrial Cancer
 - Breast Cancer
 - Colon Cancer
 - High Blood Pressure
 - High Cholesterol
 - Stroke
 - Osteoporosis
 - Other (specify) _____
- Affected Relative** (Father, Mother, Brother, Sister, Son, Daughter)

(Continued on page 3)

YOUR MEDICAL HISTORY (CHECK ANY THAT APPLY.)

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> None | <input type="checkbox"/> Liver Disease, includes hepatitis | <input type="checkbox"/> Migraines | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> HIV+ | <input type="checkbox"/> Cancer (specify) _____ |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Blood Transfusions | _____ |
| <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> Blood Clots Leg/Thigh | <input type="checkbox"/> Thyroid Disease | _____ |
| <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Asthma | <input type="checkbox"/> Irritable Bowel Syndrome | _____ |
| <input type="checkbox"/> Gallstones | | <input type="checkbox"/> Anxiety | _____ |

Injuries and accidents: _____

CURRENT MEDICATIONS (INCLUDE DOSE/AMOUNT PER DAY)

Preferred Pharmacy: _____ Phone: _____

Pharmacy Address: _____

DRUG ALLERGIES

Yes No If Yes, list drug allergies: _____

Latex Allergy? Yes No

REVIEW OF SYMPTOMS (CHECK ANY THAT APPLY WITHIN THE LAST THREE MONTHS.)

MENOPAUSE SYMPTOMS

- Y N Hot flashes
How often? _____
- Y N Vaginal dryness
 Y N Mood swings
 Y N Trouble sleeping

CONSTITUTIONAL

- Y N Fatigue
 Y N Weight loss
 Y N Weight gain
 Y N Menopausal concerns

CARDIOVASCULAR

- Y N Shortness of breath
 Y N Chest pain
 Y N Irregular heart beat
 Y N Swelling in legs or feet

PULMONARY

- Y N Wheezing
 Y N Cough
 Y N Coughing up anything

BREAST

- Y N Breast pain
 Y N Nipple discharge

- Y N Nipple retraction
 Y N Breast Lump

GASTROINTESTINAL TRACT

- Y N Constipation
 Y N Diarrhea
 Y N Blood in stool
 Y N Persistent gas
 Y N Abdominal pain
 Y N Nausea

GENITOURINARY SYSTEM

- Y N Blood in urine
 Y N Urinary urgency
 Y N Painful urination
 Y N Urinary frequency
 Y N Urinary leakage
 Y N Bladder incontinence
 Y N Cramps
 Y N Irregular cycles
 Y N Abn vag bleeding
 Y N Vaginal odor
 Y N Vaginal itching
 Y N Vaginal lesion
 Y N Vaginal discharge
 Y N Painful intercourse

NEUROLOGICAL

- Y N Dizziness
 Y N Headache
 Y N Numbness

PSYCHOLOGICAL

- Y N Depression
 Y N Excessive crying
 Y N Anxiety

HEMATOLOGICAL SYSTEM

- Y N Anemia
 Y N Easy bleeding
 Y N Easy bruising

SKIN

- Y N Lesion

MUSCULOSKELETAL

- Y N Weakness

ALLERGIC/IMMUNOLOGIC

- Y N Coughing/sneezing
 Y N Sinus pain/congestion

Signature _____

Print Name _____

Today's Date _____