



Required Yearly History Form: 2018

TODAY'S DATE: _____

Name: _____ Date of Birth: _____ Age: _____

Address: _____

Email Address: _____

Home Phone: _____ Work Phone: _____ Cell: _____

Reason for Visit: Wellness Exam Problem: _____

Date of Last Mammogram _____ Colonoscopy _____ Bone Density _____ Last Pap Smear _____

List Current Allergies to Any Medication: _____

List Current Medications: _____

List Current Contraception: _____

Pharmacy/Mail Order: _____ Address: _____ Phone: _____

Menstrual Periods:

Date last period started? _____ How often are your periods? _____

How long do they last? _____ How heavy are they? _____

Surgeries (since last office visit): _____

PERSONAL MEDICAL HISTORY

All other surgeries: _____

Obstetrics: Total # of Pregnancies _____ # of Living Children _____ # of Miscarriages _____

Illness: _____

Injuries/Accidents: _____

Your Tallest Height _____ ft. _____ in. Have you ever had a blood transfusion? Yes No Date: _____

Check if you have ever had: Chlamydia Gonorrhea Herpes HIV Syphilis

Have you ever been tested for HIV? No Yes Date Tested: _____

FAMILY HISTORY

Mother: Living Deceased - Cause _____

Father: Living Deceased - Cause _____

Sibling(s): Number of Living _____ Number Deceased _____ Cause(s) of death: _____

Which of your parents, siblings, or children had the following: _____

Breast Cancer _____ Colon Cancer _____ Colon Polyps _____ Diabetes _____

Heart Disease _____ High Blood Pressure _____ High Cholesterol _____

Ovarian Cancer _____ Strokes _____ Osteoporosis _____ Other _____

SOCIAL HISTORY

Marital Status: Married Single Widowed Divorced Number of people in household: _____

Smoking: Yes No Packs per day _____ Years _____ Alcohol: Yes No Drinks per day _____ Drinks per week _____

Illicit or Illegal Drug Use: Yes No Type: _____ Regular Exercise: Yes No

PLEASE TURN SHEET OVER AND COMPLETE OTHER SIDE

IMMUNIZATIONS

Circle any vaccines you have had and indicate the date last received on line provided.

| | | |
|--------------------------------|---|-------------------------------------|
| Influenza (Flu) _____ | Tdap (Tetanus, diphtheria, pertussis) _____ | MMR (Measles, mumps, rubella) _____ |
| Varicella (Chickenpox) _____ | Zoster (Shingles) _____ | HPV (Gardasil) _____ |
| Pneumococcal (Pneumonia) _____ | Meningococcal (Meningitis) _____ | Hepatitis A _____ |
| Hepatitis B _____ | Other _____ | |

Circle if you currently have any of the following:

CATEGORIES

| | | | |
|---------------------------|----------------------|--|-----------------------------|
| Constitutional: | Fatigue | Weight Loss | Weight Gain |
| Eyes: | Glaucoma | Cataracts | Other _____ |
| Cardiovascular: | High Blood Pressure | Shortness of Breath | Chest Pain |
| | Irregular Heart Beat | Swelling | Other _____ |
| Respiratory: | Wheezing | Coughing up Blood | Asthma |
| | Cough | Shortness of Breath | Other _____ |
| Breast: | Breast Pain | Nipple Discharge | Nipple Retraction |
| | Masses | Cancer | Other _____ |
| Gastrointestinal: | Constipation | Diarrhea | Bloody Stool |
| | Pain in Abdomen | Nausea/Vomiting | Persistent Gas |
| | Other _____ | | |
| Genitourinary: | Hot Flashes | Blood in Urine | Urgency of Urination |
| | Cramps | Pain with Urination | Frequency of Urination |
| | Irregular Periods | Leakage of Urine | Abnormal Vaginal Bleeding |
| | Vaginal Odor | Vaginal Itching | Vaginal Skin Growths |
| | Painful Intercourse | Vaginal Discharge | Other _____ |
| | Abnormal Pap Smear | Prior Treatment for Abnormal Pap Smear _____ | |
| Neurological: | Migraines | Seizures | Numbness |
| Psychiatric: | Depression | Persistent Crying | Other _____ |
| Endocrine: | Diabetes | Thyroid Disorder | Other _____ |
| Lymph Nodes/Blood: | Swollen Glands | Anemia | Abnormal Bleeding from Skin |
| Skin: | Rash | Lumps | Lesions |
| Joints/Muscular: | Arthritis | Weakness | Other _____ |

Signature: _____